

WINTER MENU WEEK 1 2018

15.10.18 19.11.18 24.12.18 28.1.2019 4.3.2019	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water
Lunch	Mince Beef Cobbler served with potatoes wedges, broccoli and sweetcorn Homemade cake	Chicken Casserole with seasonal vegetables served with Yorkshire puddings Mousse	Roast Ham, mash potatoes, carrots, peas served with gravy and apple sauce Fresh fruit salad	Lasagne served with sweetcorn, peas and Garlic Bread Jelly and ice cream	Sausage, Parsnip Mash, Cauliflower, Carrots served with gravy Jam roolly poly with custard
Afternoon Snack	Fresh Fruit or Bread Sticks with a choice of juice, milk or water	Salad sticks or Raisins with a choice of juice, milk or water	Soreen or Ritz crackers with a choice of juice, milk or water	Rich tea finger biscuit or raisins with a choice of juice, milk or water	Vegetable sticks or Fresh fruit with a choice of juice milk or water
Tea	Turkey and cucumber rolls served with a selection of crisps Raisins	Baked beans on Toast Fruit	Make your own wraps with cheese, peppers, carrots and cucumber sticks with coleslaw Yoghurt	Jacket potatoes, Baked beans, served with salad sticks Fruit slices	Tomato soup with crusty bread Homemade biscuit

WINTER MENU WEEK 2 2018

22.10.2018 26.11.2018 31.12.2018 4.2.2019 11.3.2019	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water
Lunch	Sweet and Sour Chicken with mixed vegetable served with Noodles and prawn crackers Homemade sponge pudding and custard	Cottage Pie with sweet potato mash topping served with carrots and cauliflower Yoghurt	Sausage Plait with new potatoes served carrots, peas and gravy Homemade rice Krispy treat	Roast Beef, mash potato, broccoli, cauliflower served with Yorkshire puddings Mousse	Cheese and ham, tomato swirls served with crispy potatoes and baked beans Lemon Surprise
Afternoon Snack	Salad sticks or Multigrain cracker with a choice of juice, milk or water	Fresh fruit slices or Raisins with a choice of juice, milk or water	Vegetable sticks or fresh Fruit with a choice of juice, milk or water	Salad sticks or a digestive with a choice of juice, milk or water	Soreen or breadsticks with a choice of juice milk or water
Tea	Spaghetti Hoops on Toast Fresh fruit platter	Tomato soup with bread rolls Homemade cakes	Toasted Crumpets with Jam, Lemon curd, Honey Raisins	Crusty bread with cream cheese served apple slices and pineapple Yoghurt	Make your own Turkey wraps, with salad, dips Fresh Fruit

WINTER MENU WEEK 3 2018

29.10.2018 3.12.2018 7.1.2019 11.2.2019 18.3.2019	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water
Lunch	Roast Chicken, Stuffing Balls, Mash Potatoes, Carrots and Broccoli served with gravy Yoghurt	Pasta Carbonara with Bacon, mushrooms, peppers, onions served with salad Homemade cakes	Pork Chow Mein, onions, peppers, mushrooms, sweetcorn, black eyed beans, served with noodles and prawn crackers Fruit platter	Cowboy bean bake (haricot beans, cannellini beans, kidney beans, baked beans, tomatoes) served with Yorkshire puddings Mousse	Chilli with kidney beans served with Jacket Potatoes, grated cheese, salad sticks and dip Homemade Cranberry and white chocolate cookie
Afternoon Snack	Fig roll or bread sticks with a choice of juice, milk or water	Fruit or Raisins with a choice of juice, milk or water	Soreen or Ritz cracker with a choice of juice, milk or water	Fresh Fruit Slices or salad with a choice of juice milk or water	Bread sticks or Raisins sticks with a choice of juice milk or water
Tea	Selection of Crackers, with chunks of cheese, apple slices and pineapple pieces Raisins	Jacket potato served with baked beans Yoghurt	Pizza selection Raisins	Toasted fruit loaf Homemade cakes	Ravioli on toast Fresh fruit

WINTER MENU WEEK 4 2018

5.11.2018 10.12.2018 14.1.2019 18.2.2019 25.3.2019	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water
Lunch	Sausage Casserole seasonal vegetable served with mash potatoes. Fruity Flapjack and custard	Chicken, Chorizo, and Vegetable Risotto Served with Italian Flat breads Mousse	Minted lamb Shepard's pie, with mash topping served with Carrots and broccoli Choc ice	Tomato and mascarpone pasta with peppers and courgettes served with peas and sweetcorn Yoghurt	Roast Pork, Roast Parsnips, Mash, carrots, broccoli served with apple sauce and gravy Homemade cakes
Afternoon Snack	Raisins or cheese cracker with a choice of juice, milk or water	Fruit or vegetable sticks with a choice of juice, milk or water	Fig roll or frube with a choice of juice, milk or water	Malted milk or raisins with a choice of juice, milk or water	Bread sticks or vegetable sticks with a choice of juice milk or water
Tea	Toasted muffins with Jam, Honey, Lemon Curd Fruit	Toasted fruit loaf Yoghurt	Jacket potato served with Cheese and salad sticks Fresh Fruit	Ham Rolls, salad sticks, crisps Homemade biscuit	Crusty bread with cream cheese served apple slices and pineapple Raisins

WINTER MENU WEEK 5 2018

12.11.2018 17.12.2018 21.1.2019 25.2.2019 1.4.2019	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water	Cereal or Wholemeal Toast with a choice of juice, milk or water
Lunch	Pork Goulash served with rice, sweetcorn and broccoli Self-saucing sponge	Roast Bacon, hash browns, Scrambled egg and baked beans served with Crusty bread Ice cream in a cornet	Meatballs in a tomato, basil sauce with peppers, courgettes Served with Pasta and butter beans Fruit crumble and custard	Chicken in a white sauce, puff pastry topping served with mash potato, carrots and peas Yoghurt	Beef and Vegetable Hot pot, with sliced potatoes served with homemade dumplings Bananas and custard
Afternoon Snack	Bread sticks or Soreen with a choice of juice, milk or water	Vegetable sticks or frube with a choice of juice, milk or water	Raisins or rich tea with a choice of juice, milk or water	Cheese cracker or bread sticks with a choice of juice, milk or water	Fruit or vegetable sticks with a choice of juice milk or water
Tea	Cheese rolls with vegetable sticks and dips Yoghurt	Selection of Crackers, with chunks of cheese, apple slices and pineapple pieces Raisins	Pizza selection and salad sticks Fruit slices	Beans and sausages on toast Fresh Fruit	Toasted fruit loaf Homemade biscuits