



### Infectious diseases

Disease	Incubation period	Minimum period of exclusion
Chicken Pox	10-21 days	Once all the spots have dried out Usually 7 days from the onset of the rash
COVID 19		Isolate for a minimum period of 5 days
Dysentery	1-7 days	Until 48 hours after cessation of diarrhoea
Food poisoning		Until declared fit
German Measles	0-2 days	Until clinical recovery
Measles	7-12 days	Until clinical recovery
Meningitis	2-10 days	Until clinical recovery and bacteriological examination is clear
Mumps	12-28 days	Until all the swelling has disappeared
Scarlet Fever	2-5 days	Until clinical recovery
Whooping Cough	5-14 days	Until clinical recovery

### Exclusion periods of the common diseases

Disease	Minimum period of exclusion
Impetigo	Until all spots have healed, unless they have been covered
Head lice	Until treatment has been carried out successful
Ringworm of feet	Until treatment has been carried out successful
Ringworm of scalp	Until adequate treatment is instituted provided lesions or body are covered
Threadworm	Until treatment has been carried out successful
Scabies	Until treatment has been carried out successful

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